

# ENGLISH



“十四五”职业教育国家规划教材  
(中等职业学校公共基础课程教材)

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# 英语

基础模块 | 第一册

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陈亚平  
总主编

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林岩◎主编

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· 北 京 ·



# 前言

# PROPER

## 一、课程性质和编写依据

中等职业学校英语课程是在义务教育基础上，帮助学生进一步学习语言基础知识，提高听、说、读、写等语言技能，发展中等职业学校英语学科核心素养；引导学生在真实情境中开展语言实践活动，认识文化的多样性，形成开放包容的态度，发展健康的审美情趣；理解思维差异，增强国际理解，坚定文化自信；帮助学生树立正确的世界观、人生观和价值观，自觉践行社会主义核心价值观，成为德智体美劳全面发展的高素质劳动者和技术技能人才。本套教材是中等职业学校公共基础课程国家规划教材，依据《中等职业学校公共基础课程方案》和《中等职业学校英语课程标准》编写。

## 二、编写理念

本套教材以党的二十大精神为指引，以立德树人为原则，遵循英语语言学习规律，突出职业特性，创造性地提出了“PROPER”学习理念。

**P: Practical.** 本套教材围绕学生感兴趣的话题，如健康饮食、志愿活动、兼职工作、网络购物、人工智能、大国工匠等，反映新时代的伟大变革及成就，创设贴近生活的真实语言情境，构建多样的语言实践活动，引导学生在游戏中、在活动中、在实践中学英语、用英语，激发学生英语学习兴趣，强化学生英语输入输出意识，提升学生对职场中不同类型信息的理解能力与交际能力，全面发展学生听、说、读、写的语言技能。

**R: Relevant.** 本套教材从日常交流到职场沟通，再到素养提升，环环相扣，关联性强。本套教材将单元主题与学生的学习、生活、未来职业发展及国家、社会的发展变革相关联，学习内容与工作实践相关联，语义理解和信息输入与思想表达和信息输出相关联，满足学生学习语言与发展职场人际沟通能力的多元需求，进而向世界展现中国智慧、贡献中国力量。

**O: Original.** 学习一种新语言，一定要掌握它地道、原汁原味的表达方式。本套教材精选国内外报纸、杂志、网络刊载的文章，凝练西方优秀文化素材，同时有机融入中华优秀传统文化，引导学生了解不同的文化现象，理解语言背后的文化基因，感知不同语言表达的思维差异，以社会主义核心价值观为引领，进一步感受中华优秀传统文化和新时代中国先进文化，形成开放包容的态度，养成自信自强的心态，增强国际理解意识，提升跨文化交际能力。

**P: Progressive.** 本套教材单元主题设计从个人生活到学校、社区，再到国家、社会发展，由近及远、循序渐进。语言知识与技能从词汇、语篇到语法、写作，在难度和深度两个维度上螺旋递进。同时，本套教材有机融入学习策略和学习方法，力求让学生在过程中完善学习策略，形成自主学习能力，奠定终身学习和可持续发展基础。

**E: Enabling.** 本套教材通过多种体裁的语篇、多种类型的语言技能训练，强化学生理解话语意义的能力和运用语言表达意义的能力，帮助学生达到听得懂、说得出、读得明、写得对的水平，实现学生在日常学习、生活和职场中与他人有效沟通和交流，提升国际竞争优势，逐步成长为爱党报国、敬业奉献、服务人民的新时代中国青年。

**R: Remedial.** 本套教材注重修复盘活基础教育阶段英语学习中不易掌握的知识点，并在此基础上实现新旧知识的有效衔接，引导学生科学、高效地学习，养成良好的英语学习习惯，成为一名终身学习者。

### 三、内容安排

本册教材为基础模块第一册，由八个单元组成，每个单元为一个话题群，具体结构如下。

**Objective:** 列出单元学习目标及素养目标，明确本单元基于中等职业学校英语学科核心素养及立德树人所要达到的目标。

**Getting Ready:** 通过看图说话、信息匹配、采访、调查等多种活动，激发学生英语学习兴趣，引入单元主题。

**Listening:** 设计1~2个对话或广播稿，扩展对单元主题的理解，通过提取关键信息、识别对话主题、辨别说话者态度等活动强化学生语言输入与背景知识构建，提升学生听力理解能力。

## 前言

**Speaking:** 围绕单元主题设计贴近生活的真实语言情境，融入口语交际中常见的功能性语句，如问候与道别、引荐与介绍、预约与邀请、询问与提供信息等，既锻炼学生语言的理解能力，又强化学生口头表达能力与语言交互能力的发展，引导学生用英语传递中国声音、展现中国智慧。

**Reading:** 围绕单元主题选择涉及校园网页、校园论坛、社团海报、旅行日程、日记、书信、招聘广告等语篇，为学生提供各种语言素材，增强学生语言意识和文化自信，提高学生文本理解能力和获取信息能力。

**Writing:** 包含Grammar Focus和Practical Writing两部分。Grammar Focus包括名词、冠词与数词、代词、介词与连词、动词、形容词与副词的比较级和最高级等；Practical Writing关注学生语言综合输出能力的提升，同时兼顾学生在日常生活和未来职场中所需要的写作技能，如填写学生卡、感谢卡、申请表、个人简历表，撰写请假条、寻物 / 招领启事，制作海报，回复微信等。

**Taking Action:** 安排与单元主题相关的综合性实践活动，如填写学生会入会申请表、设计社团海报、制订健康饮食计划、组织辩论会等，以实现听、说、读、写等语言技能的综合运用，提升国际竞争优势。

**Understanding Culture:** 包含两部分，第一部分介绍与单元主题相关的中西方文化点，包括世界各地的打招呼方式、中国和美国不同的高中社团活动、中国和西方饮食文化的差异、中国和西方不同的节日文化、世界各地的志愿者活动等，加深学生对两种文化与思维差异的理解；第二部分China's Voice结合单元主题，融入党的二十大精神，引导学生传承中华优秀传统文化和新时代中国先进文化，并有意识地置身于探索中国式现代化道路的历史洪流中，自信自强、胸怀天下、担当有为。

**Checking Progress:** 回顾单元目标，自查单元重点词汇、短语、句型的学习情况，引导学生复盘单元学习过程，开展适时反思，提高学生自主学习能力和终身学习能力。

## 四、教材配套资源及使用建议

教材配有学习与指导手册、教学参考书，并采用“线上+线下”的教学方式，实现数字资源与纸质教材相结合，形成立体化教学资源体系。学生、教师可以登录教材资源网站（<http://english.esph.com.cn/1.html>）下载相关音频、视频、教案、教学课件等资源。

对于本教材的使用，建议注意以下方面。

1. 针对所在地区的教学实际需要、学生现有水平和课时安排等，在不影响教材内容完整性的前提下，教师可对教材内容进行适当补充或删减，但要避免仅为了满足考试需要而对教材内容做出取舍。

2. 根据实际教学目的及学生学习需求，教师可对教材部分内容和活动进行替换；也可根据活动需要增加活动步骤，降低学习难度；还可适当扩展教材内容，延伸原有教学活动，如增加相同主题、水平相当的阅读篇目，或在阅读理解基础上展开对话和讨论，从而满足学生的多元学习需求。

3. 根据学生的现实生活，教师可对教材内容的编排顺序做适当调整。在不影响教材内容延续性、渐进性前提下，教师可带领学生提前学习某个单元，使学习内容与生活事件同步。

## 五、编写团队

本套教材由陈亚平担任总主编，本册教材由林岩担任主编，刘宏、兰晓青担任副主编。主编林岩在“PROPER”学习理念及全套教材整体框架下，对照《中等职业学校英语课程标准》全面审核本册教材，并进行修改完善。参与本册教材编写的人员有刘宏（Unit 1、Unit 6 ~ 8）、兰晓青（Unit 2 ~ 5）、宋良（Unit 1）、刘媛媛（Unit 2）、汪敏（Unit 3）、栾成梅（Unit 4）、王爱玲（Unit 5）、高扬（Unit 6）、苏蕊（Unit 7）、高嵩（Unit 8）。在教材修订中，总主编陈亚平与主编林岩梳理了本册教材各单元的主题设计与内容构建，并将党的二十大精神有机融入教材。

本套教材的编写旨在使学生坚定文化自信，形成开放包容的态度，成为具有家国情怀、国际视野、德智体美劳全面发展的高素质技术技能人才。欢迎中等职业学校师生对本套教材提出宝贵的意见和建议，不断完善教材内容。

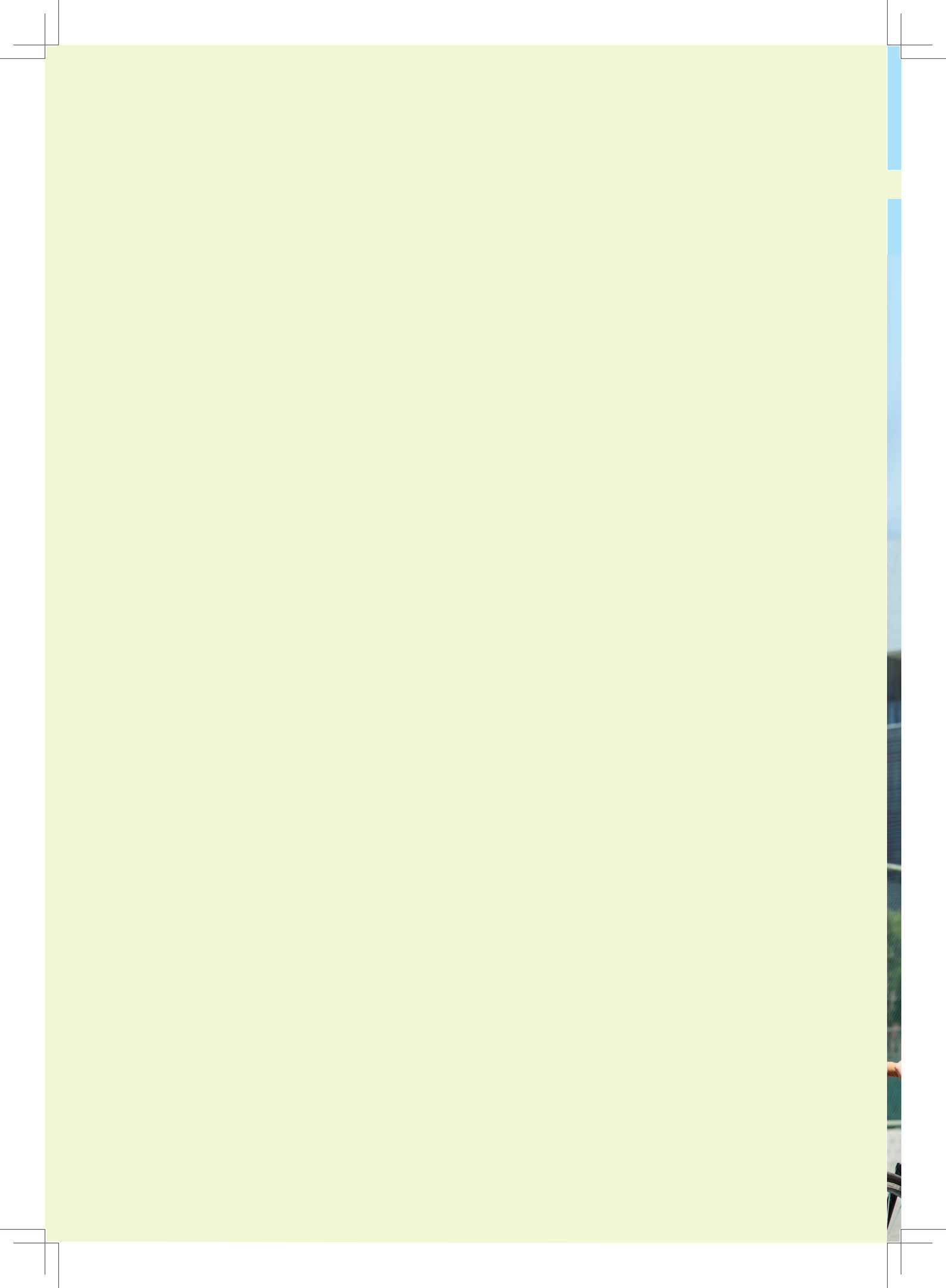


# Learning Guide

	Topic	Function	Skill
<b>Unit 1</b> 1-16	Enjoy the wonderful campus life!	Greeting and making introductions; Asking for directions	Expressing opinions on campus life; Offering personal information
<b>Unit 2</b> 17-32	Clubs and activities are important too!	Talking about interests and school clubs; Sharing opinions on hobbies	Stating the functions of clubs; Obtaining and sorting information by making a survey
<b>Unit 3</b> 33-48	Sports refresh me.	Talking about favourite sports; Making apologies; Seeking and offering information	Explaining the importance of workout preparations and benefits of sports; Writing a request for sick leave
<b>Unit 4</b> 49-64	A healthy diet is very important for us.	Talking about foods and drinks; Making a reservation; Ordering foods	Making comparisons; Introducing local foods of your hometown
<b>Unit 5</b> 65-80	Travelling is fun!	Talking about travel plans; Seeking and offering information	Making plans and giving advice; Making arrangements for a trip; Writing a Lost & Found notice
<b>Unit 6</b> 81-96	I do love these festivals!	Expressing wishes and congratulations; Talking about festival activities	Talking about festivals; Introducing Chinese festival traditions; Writing a greetings card
<b>Unit 7</b> 97-112	Why not go volunteering?	Making appointments and invitations; Talking about volunteer activities	Dealing with invitations and appointments; Getting key information and making arrangements; Replying to a text message
<b>Unit 8</b> 113-128	Are you looking for a part-time job?	Seeking and offering information; Making phone calls	Getting key information from want ads; Completing a resume
<b>Appendices</b> 129-142	Word Formation 129-131    Audio Scripts 132-134    Glossary 135-141		

# PROPER

	Grammar	Activity	Culture
	Nouns	Filling in a Students' Union application form	Greetings and customs around the world China's Voice: International communication
	Articles and numerals	Setting up a club	Various clubs in Chinese and American high schools China's Voice: High-quality talent
	Pronouns	Designing a poster for sports meeting	The Olympic Games China's Voice: The core of sports
	Prepositions and conjunctions	Making a balanced diet plan	Chinese and western dining etiquette China's Voice: Healthy lifestyle
	Link verbs and notional verbs	Making a class travel plan	Souvenirs China's Voice: Travelling and self-cultivation
	Auxiliary verbs and modal verbs	Choosing a typical Chinese souvenir for Terry	Chinese and western festival traditions China's Voice: Chinese civilization
	Comparative forms of adjectives and adverbs	Preparing a volunteer activity	Volunteer activities around the world China's Voice: Responsibility and dedication
	Superlative forms of adjectives and adverbs	Debating: Does a part-time job affect your study?	Types of part-time jobs China's Voice: Preparing for the future
Translation of China's Voice 142			



# Unit 2

## Clubs and activities are important too!

**In this unit, you will learn how to**

- ✓ talk about interests and hobbies;
- ✓ describe activities in different clubs;
- ✓ obtain and sort information by making a survey.



*You will also learn about the importance of well-rounded development.*



# Getting Ready

Look at the pictures and write the name of the activity below each picture.



drawing and painting

baseball

drama

photography

tennis

cycling

football

chess



What is your favourite activity?

# Listening

## A

1 Listen and decide where the dialogue might take place.



- A. At a campus      B. In a downtown area      C. In a painting classroom

2 Listen again and write the club they have joined.



Li Mei: I have joined \_\_\_\_\_.      Li Ming: I have joined \_\_\_\_\_.

## B

1 Listen and decide what Sophia will do after school.

- A. Go shopping      B. Go to a sports club      C. Go to a dancing club

**2 Listen again and choose the best answer.**

(1) What sport is Tony good at?



A. Basketball

B. Tennis

C. Baseball

(2) Which of the following clubs is NOT mentioned?

A. Drawing club

B. Music club

C. Football club

**3 Listen for the third time and underline the expressions about the benefits of joining clubs.**

Sophia: Hey, Tony. Do you want to go shopping with me after school?

Tony: Hey, Sophia. I'd love to, but I have to go to the sports club.

Sophia: Never mind. What sports do you do?

Tony: I actually play in our school's baseball team.

Sophia: That's cool! I'm thinking of joining a club too, but I'm not good at sports.

Tony: There are many other clubs, such as drawing, music, dancing and English.

Sophia: What is good about being in a club?

Tony: You can make new friends, learn to do teamwork, gain self-confidence and relieve stress.

Sophia: Wow, maybe I should give it a try!

Tony: Yeah! Good luck!



## Speaking

Work with your partner and act out the following scenes.

**Situation 1** You have made a new friend at the new school. You are talking about after-school activities and hobbies.

You: Hello ... How are you doing?

Classmate: Pretty good, thanks. What do you plan to do after school?

You: I'm going to ...What about you? What do you like doing in your free time?

Classmate: I like/love/ enjoy ...

### Bank of Expressions

What do you usually do in your spare time?  
I usually ... (draw/cycle/ play baseball/ play basketball / play tennis)

What's your hobby?  
I like/love/enjoy... (taking photos/ watching drama/ playing chess/ playing ping-pong)

从单词替换到简单对话，一步一步提高你的口语表达能力。

**Situation 2** You and your classmate run into each other on campus. You are very excited about joining a school club, but your classmate has not joined any yet. Please find out his / her hobby and help him / her to join a club.



You: Hi... How are things recently?

Classmate: Oh, hi... Things are going well. Would you like to go and watch a movie with me after school?

You: I'd love to, but I can't. I need to go to... club.

Classmate: ...

### Bank of Expressions

Which club do you want to join?

I want to join a **painting club**.

Why do you like it?

I like it because it's... (interesting /relaxing/exciting) .

Because I can... (make new friends/ learn to do teamwork/ gain self-confidence / relieve stress) .

#### School clubs

- |                  |               |
|------------------|---------------|
| Painting club    | Movie club    |
| Photography club | Baseball club |
| Football club    | Drama club    |
| Chess club       | Tennis club   |
| Cycling club     | Music club    |
| Reading club     | Robot club    |
| Dancing club     |               |



Pronunciation 元音 (I)

PROPER

[i:]	[i]	[ɜ:]	[ə]	[u:]	[u]
w <u>e</u>	b <u>i</u> g	w <u>or</u> k	fath <u>e</u> r	sch <u>oo</u> l	fo <u>o</u> tball
s <u>ee</u>	<u>E</u> nglish	b <u>ir</u> d	doct <u>o</u> r	bl <u>ue</u>	w <u>o</u> man
t <u>ea</u> m	b <u>u</u> sy	h <u>ur</u> t	<u>a</u> bout	impr <u>o</u> ve	p <u>u</u> sh
rece <u>i</u> ve	hobb <u>y</u>	h <u>e</u> r	introd <u>u</u> ce	fr <u>u</u> it	c <u>o</u> uld
belie <u>v</u> e		l <u>ea</u> rn	possib <u>l</u> e	r <u>u</u> de	



## Reading



### A swimming club poster

**Make a Splash... Try Something New! Join Us Today**

#### High School Swimming Club

**Date:** Jan. 9th—Mar. 29th

**Practices:** 10th Grade: Tue. / Thur. 4: 15-5: 30 p.m.

11th-12th Grades: Mon. / Wed. 4: 15-5: 30 p.m.

**Place:** school's swimming pool

**Equipment:** swim cap & suit, goggles and towels

High School Swimming Club (HSSC) is for students interested in swimming and fitness

Why choose swimming club?

- It's fun.
- It keeps your body in good shape.
- It helps to develop new skills and friendship.
- Swimming makes you more confident.
- It's a life-saving skill when you are in danger.

*12-week session*

*All swimmers welcome!*

*If you are interested,  
please contact us!*


*Tel: 88763568*


- 1** Read the poster and decide whether the following statements are true or false.









		True	False
(1)	The swimming session will be 10 weeks.		
(2)	Students in 10th grade can practise on Mondays and Wednesdays.		
(3)	Students should prepare swim caps, swim suits, goggles and towels before practice.		
(4)	You can make new friends in the swimming club.		



- 2 A student posted a question about the swimming club on the campus BBS. Reply and explain the reasons for joining the swimming club.

 Why do you choose the swimming club?

 It is fun. Besides there are many benefits such as keeping my body in good shape, \_\_\_\_\_, \_\_\_\_\_.  
It is also a \_\_\_\_\_ when in danger.

**B** *I* U <sup>A</sup> **A** **A**        

## B

### Clubs make campus life colourful

Here are some clubs and activities for you in our vocational school. You will be able to meet new friends with similar interests, and develop your hobbies.

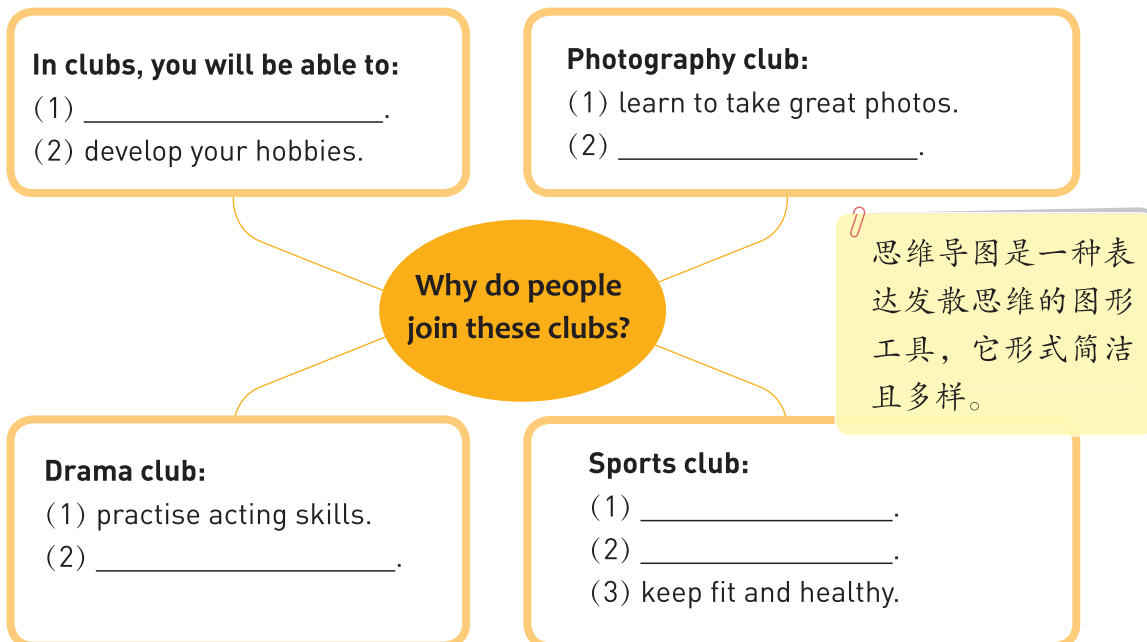
**Photography club:** If you are interested in taking photos, photography club is for you. You could discuss with club members how to take great photos and edit the photos you take.

**Drama club:** This is the club for theater fans. If you want the opportunity to act in a school play, to practise acting skills with a group, and even to attend an acting competition, this is the club to join.

**Sports club:** If you are fond of outdoor activities, the sports club is the right place for you. It helps you to gain team spirit, practise sports skills and keep you fit and healthy.



1 Read the passage and complete the mind map.



2 Read again and give Bob, Kitty and John advice about the clubs.



John is a big basketball fan.  
 He wants to be a basketball player.  
 He will probably join the \_\_\_\_\_ club.



Kitty is fond of watching movies.  
 She wants to be an actress one day.  
 She will probably join the \_\_\_\_\_ club.



Bob loves taking pictures, and he is interested in editing photos.  
 He will probably join the \_\_\_\_\_ club.

## Writing

## 1 Grammar Focus.

## Articles (冠词)

不定冠词 a / an	定冠词 the	零冠词
表示“一个”，a 用于可数名词单数前，an 用于以元音开头的可数名词单数前	<ol style="list-style-type: none"> <li>1. 用于特定的人或物前</li> <li>2. 用于指前面提到过的人或物</li> <li>3. 用于世上独一无二的事物前，如太阳、月亮、地球等</li> <li>4. 用于乐器前</li> <li>5. 用于姓氏复数形式前，表示一家人或夫妇二人</li> </ol>	<ol style="list-style-type: none"> <li>1. 国名前</li> <li>2. 泛指的可数名词前</li> <li>3. 称呼或表示官衔、职位的名词前</li> <li>4. 季节、年份、月份前</li> <li>5. 三餐、球类前</li> <li>6. 某些固定词组</li> </ol>
<p>A knife is a tool for cutting.</p> <p>Mr. Smith is an engineer.</p>	<p>Take the medicine.</p> <p>I found a picture in the box, the picture is very beautiful.</p> <p>The moon hangs low in the sky.</p> <p>She plays the piano every day.</p> <p>The Alexanders went to America last week.</p>	<p>China is a great country.</p> <p>Dogs are cute.</p> <p>Captain Li returned safely.</p> <p>Spring has come.</p> <p>Have you had breakfast?</p> <p>I do not like travelling by air.</p>



## Numerals ( 数词 )

## ( 1 ) 分类

数 词						
基数词	序数词		基数词	序数词		
1 one	first	1st	11 eleven	eleventh	11th	
2 two	second	2nd	12 twelve	twelfth	12th	
3 three	third	3rd	13 thirteen	thirteenth	13th	
4 four	fourth	4th	14 fourteen	fourteenth	14th	
5 five	fifth	5th	15 fifteen	fifteenth	15th	
6 six	sixth	6th	16 sixteen	sixteenth	16th	
7 seven	seventh	7th	17 seventeen	seventeenth	17th	
8 eight	eighth	8th	18 eighteen	eighteenth	18th	
9 nine	ninth	9th	19 nineteen	nineteenth	19th	
10 ten	tenth	10th	20 twenty	twentieth	20th	

## ( 2 ) 用法

几路车的表达	Bus No. 3	
年龄和年代	表示年龄	one year old; sixteen years old
	表示几十岁	in one's twenties; in one's thirties
	表示年代	in the 1960s
日期的表达	December 1st; January 2nd; May 3rd; September 10th	
分数的表达	one-third; two-thirds	
倍数的表达	The book is three times the length of that one. His work is three times as much as yours. The milk output is 10% higher this year than that of last year.	

## 2 Practical Writing.

### Completing a form

Tony and Jack want to set up a new club. Read the dialogue and put their ideas in the form below.

Jack: What do you think of starting an English club?

Tony: That's a good idea. It's a great way to practise English and make new friends. We can watch English movies and read English novels.

Jack: Yeah, we also can rehearse English plays. There are so many things we can do.

Tony: We need a place for our English club.

Jack: We can apply for a spare classroom and a television. We will also need to get some English books and dictionaries.

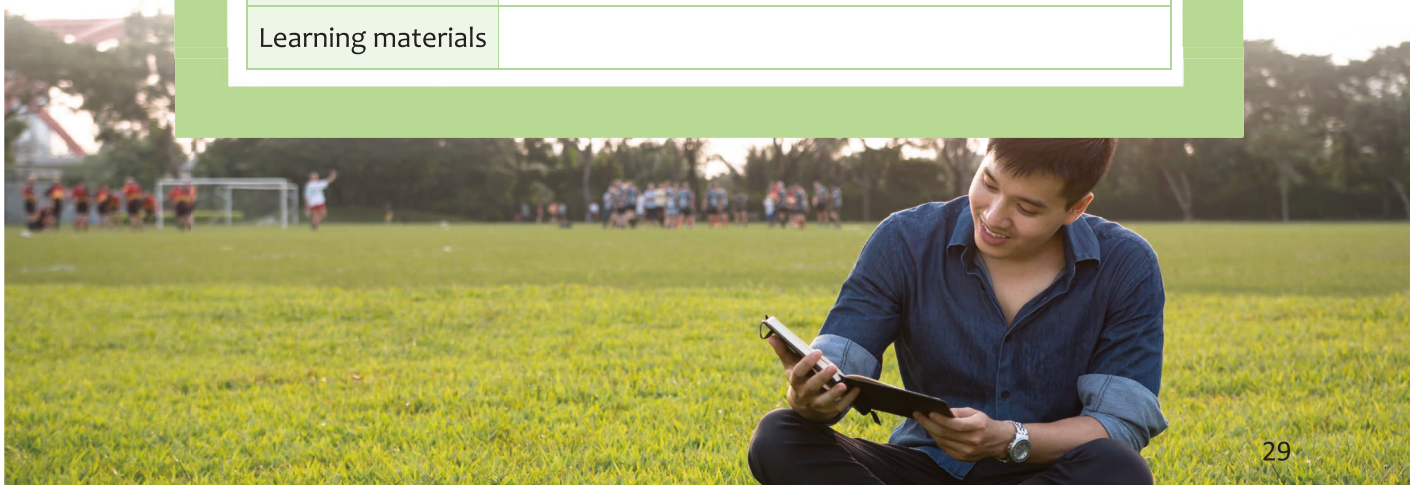
Tony: Brilliant. I already have a name—Learn English Together.

Jack: That sounds good. When and how often should we meet?

Tony: How about once a week, on Friday night?

Jack: I agree.

Name of the club		When to meet	
Activities to do		Where to meet	
Equipment			
Learning materials			



## Taking Action

### Setting up a club

Have you joined a club? If there is no club that you are interested in, do not worry, you can set up a new one.

**Step 1** Make a survey in your class to find out your classmates' interests and hobbies.

Questions	Group members			
	S1	S2	S3	S4
What is your hobby?	Swimming			
Why do you like ...?	Relaxing			
How much time do you spend on this hobby?	2 hours a week			
Do you want to meet someone with the same hobby?	Yes			
Does your school have this kind of club?	Yes, we have a swimming club.			

**Step 2** Present the survey results.

#### *You may say*

According to the survey, **one-fifth** of the students like... **three-fifths** enjoy... and **one-fifth** loves... So, we can set up... club.

**Step 3** Set up a club according to the survey results.





## Understanding Culture

### Various clubs in Chinese and American high schools

There is a wide variety of clubs in both Chinese high schools and American high schools, and the clubs are run by the students themselves. Students create the clubs, write **mission statements**, develop goals, promote membership, hold meetings, and organise events.

使命宣言

服务型

In Chinese high schools, there are fun, diverse, highly-active clubs such as **service-oriented** clubs like **environmental protection club** and recycling club, interest-type clubs like **orchestra club**, Chinese **calligraphy** club, and **scholarly-type** clubs such as science club.

环境保护  
社团管弦乐  
社团  
书法

In American high schools, taking part in activities organised by clubs is a great way for students to find their high school social community. There are hobby clubs such as outdoor activity club and **anime club**, **charity service club**, saving endangered species club, career interest clubs such as future business leaders club, STEM club, model United Nations and **mock trial club**.

学术类

动漫社团

慈善服务  
社团模拟法庭  
辩论社团

## China's Voice

Cultivating a large workforce of high-quality talent who have both integrity and professional competence is of critical importance to the long-term development of China and the Chinese nation.



## Checking Progress

### In this unit, the words I have learnt are

- |                                   |                                      |                                     |                                |
|-----------------------------------|--------------------------------------|-------------------------------------|--------------------------------|
| <input type="checkbox"/> enjoy    | <input type="checkbox"/> photography | <input type="checkbox"/> outdoor    | <input type="checkbox"/> fond  |
| <input type="checkbox"/> hobby    | <input type="checkbox"/> drama       | <input type="checkbox"/> activity   | <input type="checkbox"/> club  |
| <input type="checkbox"/> baseball | <input type="checkbox"/> opportunity | <input type="checkbox"/> friendship | <input type="checkbox"/> relax |
| <input type="checkbox"/> skill    | <input type="checkbox"/> confidence  |                                     |                                |

Other words I have learnt are

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### In this unit, the expressions I have learnt are

- |  |   |                                     |
|--|---|-------------------------------------|
| <input type="checkbox"/> in spare time   | <input type="checkbox"/> keep fit               | <input type="checkbox"/> be fond of |
| <input type="checkbox"/> in a good shape | <input type="checkbox"/> have an opportunity to |                                     |

Other expressions I have learnt are

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### I am able to

- talk about hobbies with my friends.
- describe activities in different clubs.
- obtain and sort information by making a survey.
- use articles and numerals correctly.