

中等职业学校公共基础课程配套教学用书



# 英语 练习册1

## 基础模块

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汕头大学出版社

## 图书在版编目 (CIP) 数据

英语练习册. 1, 基础模块/黄华莉主编. —汕头:  
汕头大学出版社, 2022. 6 (2023. 1 重印)

ISBN 978-7-5658-4670-0

I. ①英… II. ①黄… III. ①英语课 – 中等专业学校  
– 教学参考资料 IV. G634. 413

中国版本图书馆 CIP 数据核字 (2022) 第 090605 号

英语练习册. 1, 基础模块

YINGYU LIANXICE 1 JICHU MOKUAI

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出版发行: 汕头大学出版社

广东省汕头市大学路 243 号汕头大学校园内 邮政编码: 515063

电 话: 0754-82904613

印 刷: 河北砾柠印刷有限责任公司

开 本: 787mm × 1092mm 1/16

印 张: 9.5

字 数: 194 千字

版 次: 2022 年 6 月第 1 版

印 次: 2023 年 1 月第 3 次印刷

定 价: 26.80 元

ISBN 978-7-5658-4670-0

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## PREFACE

# 前言

为了帮助中职学校的学生进行有效学习，我们组织了一批业务能力强、教学经验丰富的中职一线骨干教师，编写了本练习册。

本练习册的编写有以下几个特点：

1. 依据教育部最新发布的《中等职业学校英语课程标准（2020年版）》，紧扣教材，内容全面，突出基础知识的复习与巩固。

2. 本练习册设计包括重点词汇、重点短语、重点句型和单元练习四个部分，前三个部分提炼教材重点知识以帮助学生梳理知识脉络，单元练习包括 **Listening and Speaking**（包含听力音频及听力原文）、**Language Practice**（包含单词、短语、句子）、**Reading**（包含短文排序、完形填空、阅读理解）、**Writing**（包含单元句型、写作）四个模块，全部从基础知识入手，由浅入深，切合学生实际，能有效激发学生的学习兴趣，旨在全面培养学生听、说、读、写的能力，促进学生学科核心素养的发展。

3. 在练习中同步融入了思政元素，可提升学生的文化意识。

本练习册在编写过程中，得到了相关教学研究专家的悉心指导和大力支持，在此一并感谢！

由于水平有限，本练习册中难免存在不足之处，恳请大家批评指正！

编者





# CONTENTS

# 目 录

<b>Unit 1 Personal and Family Life</b> .....	1
<b>Unit 2 Transportation</b> .....	17
<b>Unit 3 Shopping</b> .....	33
<b>Unit 4 School Life</b> .....	49
<b>Unit 5 Celebrations</b> .....	65
<b>Unit 6 Food and Drinks</b> .....	81
<b>Unit 7 The Internet</b> .....	97
<b>Unit 8 People and Events</b> .....	113
听力原文 .....	129





# Unit 1 Personal and Family Life

## 重点词汇

1. **energetic** *adj.* 精力充沛的

[例句] He is an energetic worker.

[译文] 他是一个精力充沛的工人。

2. **especially** *adv.* 尤其是

[例句] She likes reading books, especially in the morning.

[译文] 她喜欢看书,尤其是在早上。

3. **handmade** *adj.* 手工制作的

[例句] This teddy bear is handmade.

[译文] 这只泰迪熊是手工制作的。

4. **introduce** *v.* 介绍

[例句] I introduce my friend to my parents.

[译文] 我向父母介绍我的朋友。

5. **notice** *v.* 注意到

[例句] I notice a handsome boy in my classroom.

[译文] 我注意到班里有一个帅气的男孩。

6. **strict** *adj.* 严格的

[例句] Our teacher is very strict.

[译文] 我们的老师非常严格。

7. **visit** *v.* 参观

[例句] Today I visit the Great Wall with my sister.

[译文] 今天我跟姐姐一起参观长城。



**重点短语**

1. **be strict with** 对……严格的

[例句] My parents are strict with me and my brother.

[译文] 我的父母对我和弟弟很严格。

2. **Chongyang Festival** 重阳节

[例句] Chongyang Festival is a traditional Chinese festival.

[译文] 重阳节是中国的传统节日。

3. **high school** 高中

[例句] Next year I will study in high school.

[译文] 明年我将上高中。

4. **younger sister** 妹妹

[例句] This is my younger sister, she is very cute.

[译文] 这是我的妹妹,她非常可爱。



**重点句型**

1. **My name is ..., ... is my family name.**

[例句] My name is Li Ting, Li is my family name.

[译文] 我叫李婷,李是我的姓。

2. **This is my ..., he/she is ...**

[例句] This is my sister, she is a middle school student.

[译文] 这是我的姐姐,她是一名中学生。

3. **I live with ... and ...**

[例句] I live with my parents and my younger sister.

[译文] 我和父母还有妹妹住在一起。



单元练习

Listening and Speaking

I. 你将听到五段对话, 请根据对话内容, 选出每个问题的最佳答案。每段对话读两遍。



Unit 1 I

( ) 1. What is the woman's aunt?



A



B



C

( ) 2. What was Sam doing in the picture on the wall?



A



B



C

( ) 3. Where does Eva come from?



A



B



C

( ) 4. What are they doing?



A



B



C

( )5. What's in her father's hand?



A



B



C

II. 听对话, 选择最佳答案。

你将听到两段对话, 请根据对话内容, 选出每个问题的最佳答案。每段对话读两遍。请听第一段对话, 回答第 6—7 小题。

( )6. Who is Sam?

- A. He is Amy's brother.
- B. He is Steven's brother.
- C. He is Steven's friend.

( )7. Who is that in the photo?

- A. She is Amy's mother.
- B. She is Amy's sister.
- C. She is Amy's grandma.



请听第二段对话, 回答第 8—10 小题。

( )8. Who's Linda?

- A. Paul's sister.
- B. Gina's sister.
- C. Paul's cousin.

( )9. Who's Dale's father?

- A. Frank.
- B. Paul.
- C. Eric.



( ) 10. Who are Gina's parents?

- A. Paul and Linda.
- B. Eric and Mary.
- C. Jenny and Jim.

### III. 将 A 栏信息与 B 栏相匹配。

A	B
1. What's your family name?	A: Yes, I go jogging every morning.
2. Who do you live with?	B: My given name Ming means brightness.
3. What does your given name mean?	C: My family name is Wang.
4. Do you often go jogging?	D: My parents are strict with me.
5. How about your parents treating you?	E: I live with my grandmother.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

### IV. 选择合适的句子, 补全对话。

A: Xue is my given name which means winter.

B: They are strict with me.

C: I live alone in my house.

D: My mom likes reading books.

E: My name is He Xiaoxiao.

Dialogue:

Lin Xue: Could you please introduce yourself?

He Xiaoxiao: Sure. 1. \_\_\_\_\_ He is my family name.

Lin Xue: Nice to meet you. I'm Lin Xue. 2. \_\_\_\_\_

He Xiaoxiao: I live with my grandparents, and they can go jogging every morning.

Lin Xue: I like go jogging, too. I live with my parents. 3. \_\_\_\_\_

He Xiaoxiao: My dad is a doctor and my mom is a teacher. What are your parents' jobs?

Lin Xue: My parents are both lawyers. My dad likes playing basketball.

4. \_\_\_\_\_

## Language Practice

### I. 选择合适的单词补全句子。

energetic	photo	handmade
community	introduce	visit

1. Our \_\_\_\_\_ is the cleanest and sweetest in the whole city.
2. My pet puppy is \_\_\_\_\_ every day.
3. Last summer vacation my parents took me to Beijing to \_\_\_\_\_ the Forbidden City and Tian'anmen Square.
4. My brother gave me a \_\_\_\_\_ car for my birthday.
5. I need to \_\_\_\_\_ my friend Amy to my grandparents.
6. There is a \_\_\_\_\_ on my desk. It is me, my father, my mother and my brother.

### II. 合适的答案替换句中的画线部分。

- (     ) 1. My mother is a professional lawyer.  
           A. good                    B. vocational                    C. polite                    D. special
- (     ) 2. My mother likes cuisine very much and I can eat delicious food every day.  
           A. food                    B. eating                    C. cleaning                    D. cooking







👉 Reading 👈

I. 将下列句子重新排序,组成一段对话。

- A. Wow! Your job is so nice! I work as a doctor in the hospital.  
 B. Hi! My name is Chen Lily. My family name is Chen.  
 C. Oh, I see. I live with my dog, and it's very energetic everyday!  
 D. A doctor? That's so cool! Who do you live with?  
 E. Hello, Lily. I'm Tom. I'm a teacher in a middle school.  
 F. I live with my parents and my brother.  
 B→1. (     )→2. (     )→3. (     )→4. (     )→5. (     )

II. 完形填空。

阅读文章,选择正确答案。

Bing Xin, also 1. \_\_\_\_\_ as Xie Wanying, was born in Changle, Fujian Province. She 2. \_\_\_\_\_ a famous modern poet 3. \_\_\_\_\_ writer in China. Bing Xin's novel is fresh and 4. \_\_\_\_\_, with far-reaching implications. Bing Xin loves life and is full 5. \_\_\_\_\_ love for her country and people. She likes all beautiful things and has her own 6. \_\_\_\_\_.

Bing Xin's 7. \_\_\_\_\_ derived from Tang Dynasty Wang Changling's poem "If some of my friends and relatives ask questions caring for me, please tell them that my heart is still as pure as the ice(Bing Xin)in the jade pot". Later Bing Xin gave her own explanation. First of all, Bing Xin, two words and her name's ying have correspondence, and it is easy to remember.

8. \_\_\_\_\_ she said that she was timid. At the beginning, she was 9. \_\_\_\_\_ of being criticized and laughed at by people 10. \_\_\_\_\_ her real name. So she adopted the pen name Bing Xin, which no one knew.

- (     ) 1. A. knew            B. known            C. know            D. knows

- ( )2. A. is                      B. am                      C. were                      D. are
- ( )3. A. but                      B. with                      C. or                      D. and
- ( )4. A. meaningful              B. mean                      C. meaning                      D. meaningfully
- ( )5. A. off                      B. of                      C. with                      D. for
- ( )6. A. characters              B. characteristic              C. characteristics              D. character
- ( )7. A. pen name              B. time                      C. family name              D. given name
- ( )8. A. Secondly              B. Second                      C. First                      D. Third
- ( )9. A. scare                      B. happy                      C. afraid                      D. tired
- ( )10. A. using                      B. used                      C. knowing                      D. use

### III. 阅读理解。

阅读文章,选择正确答案。

#### A

	<p>I'm Li Xin. I'm from Beijing, China. I'm fifteen years old. I'm in Class 4 Grade 8. Our school is beautiful. But there are only 10 Chinese students here. I have many friends and classmates. I like all the students and teachers in our school.</p>
	<p>Hi! I'm Gabby. I'm from America. I'm fourteen years old. I live with my parents in a small village. I like playing guitar, basketball and football. I feel so energetic everyday.</p>



I'm Jacky Wang. I'm from England. I'm sixteen years old. I love my grandparents so much. I have many pictures about them. And I have one dog living with us. The dog is my family member too. Who do you live with?

- ( ) 1. There are \_\_\_\_\_ Chinese students in Li Xin's school.  
A. 10  
B. 11  
C. 9  
D. 12
- ( ) 2. How old is Gabby?  
A. 13 years old.  
B. 14 years old.  
C. 15 years old.  
D. 16 years old.
- ( ) 3. Who does Gabby live with?  
A. Her sister.  
B. Her mother.  
C. Her father.  
D. Her parents.
- ( ) 4. Which of the following is TRUE according to the passage?  
A. Li Xin is 15 years old and she is in Class 4 Grade 8.  
B. Jacky Wang loves his parents very much.  
C. Gabby lives with her parents in a big city.  
D. Jacky Wang has a cat living with him.
- ( ) 5. This passage is talking about \_\_\_\_\_.  
A. three American students  
B. students who love their parents  
C. three students from different countries  
D. three students





- C. Zhang Yang's mom is a lawyer.  
D. Zhang Yang's little sister will be 5 years old.

- ( ) 10. This passage is talking about \_\_\_\_\_.
- A. Tom's toy bear  
B. Zhang Yang's parents' job  
C. Zhang Yang's little sister's birthday gift  
D. Zhang Yang's family

## C

Allen interviewed two teenagers on family life. He asked them some questions. Here are their answers.

<b>Interviewees</b> ( 受访者 )	<b>Answers</b>
<b>Yang Hu</b>	<ul style="list-style-type: none"> <li>• I live with my parents and my younger sister.</li> <li>• My parents spend a lot of time on our study.</li> <li>• Our grandparents are not far from us.</li> <li>• Mid-Autumn Festival is coming. We are preparing handmade gifts for them.</li> </ul>
<b>Anna Taylor</b>	<ul style="list-style-type: none"> <li>• I live with my mom, my dad, my twin sister Emma and Buddy—my puppy.</li> <li>• My parents are energetic and go jogging every morning.</li> <li>• My grandma lives alone in her own house in the rural area.</li> <li>• My grandma's birthday is coming. My sister and I are planning to give her a gift.</li> </ul>





4. 我家里有三口人。我爸爸、我妈妈和我。(family)

---

5. 我很荣幸来介绍我的家庭。(introduce)

---

6. He is the most energetic person in our class.

---

7. As soon as I entered the classroom, I noticed the teacher standing on the stage.

---

8. I gave her a watch as a birthday gift.

---

9. If the family lives in harmony, all affairs will prosper.

---

10. My parents live in the countryside.

---

## II. 根据所给信息完成短文写作。

假如你是李明,你用英文给你的网友 Lucy 写了一封信,上面附带了一张你的全家福,你在信中向她介绍了你的家人。80 词左右(信的开头和结尾已经给出,不计入总词数)。

Dear Lucy,

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Your friend,

Li Ming

