

根据广东省高职高考招生考试大纲编写



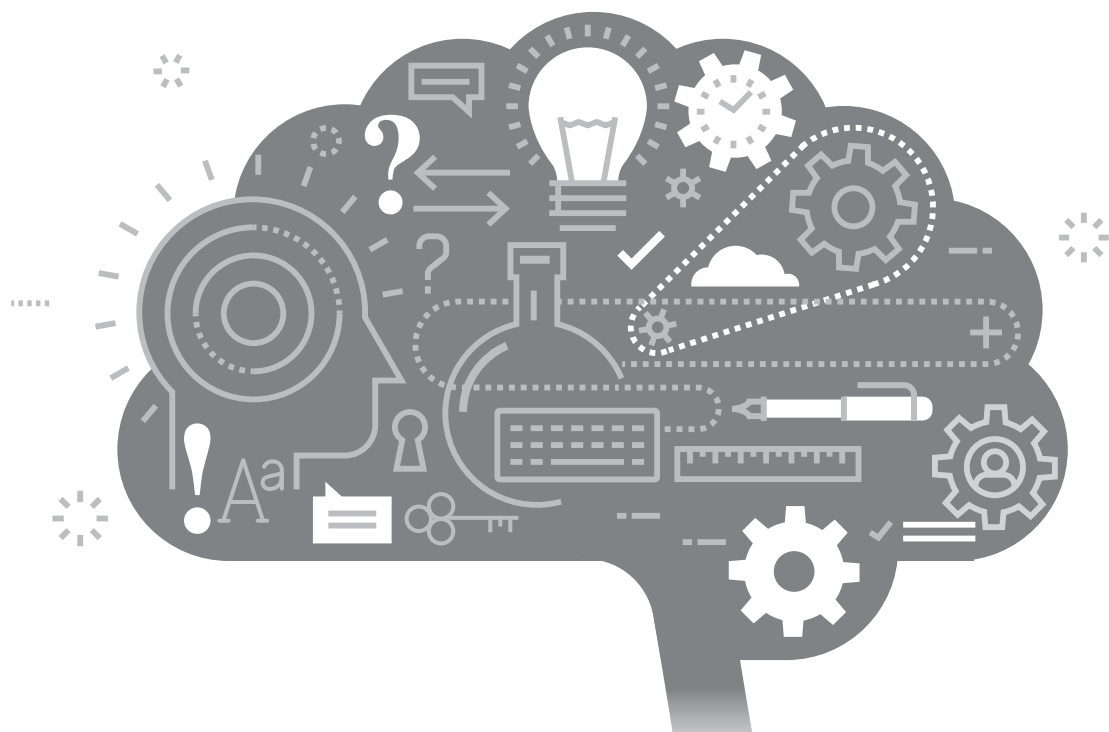
英语导学与同步训练

广东省高职高考（3+“证书”）招生考试命题研究组 主编



汕头大学出版社

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前 言

为了帮助中职学校的学生进行有效学习，我们组织了一批业务能力强、教学经验丰富的中职一线骨干教师，编写了本书。

本书的编写有以下几个特点：

1. 依据教育部最新发布的《中等职业学校英语课程标准（2020年版）》，同时参考最新广东省高职高考“3+证书”考试英语考试大纲，紧扣教材，内容全面，注重基础知识的复习与巩固。

2. 本书每个单元设计重点词汇、重点短语、重点句型、语法精讲和单元练习五个模块。其中，前四个模块为单元重点知识介绍，单元练习模块包括 Speaking（包含问答匹配、补全对话）、Reading（包含短文排序、完形填空、阅读理解）、Language Practice（包含单词、短语、句子）、Writing（包含翻译、写作）四个部分，全部从基础知识入手，由浅入深，切合学生实际，能有效激发学生的学习兴趣，旨在全面培养学生对英语的理解能力和应用能力。同时，练习中同步融入思政元素，可提升学生的文化意识。

3. 本书含八套单元测试和三套综合模拟测试卷，形式完全模拟高职高考真题，供学生复习巩固、全面总结使用，以便提升应试能力。

本书在编写过程中，得到了相关教学研究专家的悉心指导和大力支持，在此一并感谢！

由于水平有限，书中难免存在不足之处，恳请大家批评指正！

编 者

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Unit 1

Personal and Family Life



重点词汇

1. **energetic** *adj.* 精力充沛的

[例句] My parents are energetic.

[译文] 我的父母精力充沛。

2. **especially** *adv.* 尤其是

[例句] They are strict with us, especially about our homework.

[译文] 他们对我们很严格,尤其是对我们的家庭作业。

3. **handmade** *adj.* 手工制作的

[例句] We are preparing a handmade gift for them.

[译文] 我们正在为他们准备一份手工制作的礼物。

4. **introduce** *v.* 介绍

[例句] Could you please introduce yourself?

[译文] 你能介绍一下你自己吗?

5. **manager** *n.* 经理

[例句] He works as a manager in a big company.

[译文] 他在一家大公司当经理。

6. **strict** *adj.* 严格的



[例句] Both her parents are kind but strict with her.

[译文] 她的父母都很好,但对她很严格。

7. **vocational** *adj.* 职业的

[例句] She is a vocational school student.

[译文] 她是一名职业学校的学生。



重点短语

1. **be strict with** 对……严格的

[例句] My parents are strict with my sister and me.

[译文] 我的父母对我姐姐和我很严格。

2. **Chongyang Festival** 重阳节

[例句] Chongyang Festival is coming.

[译文] 重阳节快到了。

3. **high school** 高中

[例句] Next year I will study in high school.

[译文] 明年我将上高中。

4. **younger sister** 妹妹

[例句] I live with my parents and my younger sister.

[译文] 我和父母、妹妹一起生活。



重点句型

1. **My name is ..., ... is my family name.**

[例句] My name is Li Ting, Li is my family name.

[译文] 我叫李婷,李是我的姓。

2. **This is my ..., he/she is**

[例句] This is my sister, she is a middle school student.



[译文] 这是我的姐姐,她是一名中学生。

3. I live with ... and

[例句] I live with my parents and my younger sister.

[译文] 我和父母还有妹妹一起生活。



语法精讲

1. 一般现在时的构成

(1) be 动词作谓语的一般现在时。例如:

We are twins. 我们是双胞胎。

Mr Li isn't a teacher. 李先生不是一位教师。

—Are you a student? 你是学生吗?

—Yes, I am. / No, I'm not. 是的,我是。/ 不,我不是。

Where is my book? 我的书在哪里?

(2) 行为动词作谓语的一般现在时。例如:

I have breakfast at 7:00 every day. 我每天七点吃早餐。

I don't like milk. 我不喜欢牛奶。

He doesn't often have breakfast. 他不经常吃早餐。

—Does she go to school on foot? 她步行去上学吗?

—Yes, she does. / No, she doesn't. 是的,她是。/ 不,她不是。

How does your father go to work? 你爸爸怎么去上班?

2. 一般现在时的用法

(1) 表示事物或人物现在存在的状态、喜好和特征等。例如:

The book is good. 这本书不错。

I like listening to music. 我喜欢听音乐。

(2) 表示经常发生的(或习惯性的)动作或状态,常常与 always、usually、often、sometimes、never、every day/week/month/year 等时间状语连用。例如:

She doesn't often wear heels. 她不经常穿高跟鞋。



I play baseball every Sunday. 我每个星期日都打棒球。

(3) 表示客观真理、客观存在或科学事实。例如:

The moon moves around the earth. 月球绕着地球转。

Hainan lies in the south of China. 海南位于中国南部。

(4) 在时间或条件状语从句中,用一般现在时代替将来时。例如:

Tom will write to me when he gets there. 汤姆到那儿时将给我写信。

They'll go on a picnic if it doesn't rain this weekend. 如果这周末不下雨,他们将去野餐。

Our school will have a sports meeting if it doesn't rain tomorrow. 如果明天不下雨,我们学校就开运动会。

3. 动词第三人称单数变化规律

(1) 一般情况,动词后直接加-s。例如:work→works, want→wants。

(2) 以 s、x、ch、sh、o 结尾的动词,加-es。例如:miss→misses, fix→fixes, teach→teaches, wash→washes, go→goes。

(3) 以“辅音字母+y”结尾的动词,把 y 变为 i 再加-es。例如:study→studies, cry→cries。

(4) have 的第三人称单数是 has, be 动词的第三人称单数是 is。

[课文原句] ①My parents are energetic.

②My grandma lives alone in her own house.

③I live with my parents and my younger sister.

④They go jogging every evening.

[历年真题] (2020 广东) If she _____, tell her I'll call her back tonight.

A. calling B. will call C. calls D. called

【解析】本题考查状语从句中的一般现在时。“If she _____”为从句,“I'll call her back tonight”为主句,同时作为 tell her 的宾语从句。根据“主将从现”原则,该从句应该用一般现在时。故选 C。

【答案】C



单元练习

Speaking

I. 将 A 栏信息与 B 栏相匹配

A	B
1. What's your family name?	A: Yes, I go jogging every morning.
2. Who do you live with?	B: My given name Ming means brightness.
3. What does your given name mean?	C: My family name is Wang.
4. Do you often go jogging?	D: My parents are strict with me.
5. How about your parents treating you?	E: I live with my grandmother.

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

II. 选择合适的句子, 补全对话

A: Xue is my given name which means winter.

B: They are strict with me.

C: My mom likes reading books.

D: My name is He Xiaoxiao.

Dialogue:

Lin Xue: Could you please introduce yourself?

He Xiaoxiao: Sure. 1. _____ He is my family name.

Lin Xue: Nice to meet you. I'm Lin Xue. 2. _____

He Xiaoxiao: I live with my grandparents, and they can go jogging every morning.

Lin Xue: I like go jogging, too. I live with my parents. 3. _____



He Xiaoxiao: My dad is a doctor and my mom is a teacher. What are your parents' jobs?

Lin Xue: My parents are both lawyers. My dad likes playing basketball.

4. _____

Reading

I. 将下列句子重新排序,组成一段对话

A. Wow! Your job is so nice! I work as a doctor in the hospital.

B. Hi! My name is Chen Lily. My family name is Chen.

C. Oh, I see. I live with my dog, and it's very energetic everyday!

D. A doctor? That's so cool! Who do you live with?

E. Hello, Lily. I'm Tom. I'm a teacher in a middle school.

F. I live with my parents and my brother.

B→1. ()→2. ()→3. ()→4. ()→5. ()

II. 完形填空

阅读文章,选择正确答案。

Bing Xin, also 1. _____ as Xie Wanying, was born in Changle, Fujian Province. She 2. _____ a famous modern poet 3. _____ writer in China. Bing Xin's novel is fresh and 4. _____, with far-reaching implications. Bing Xin loves life and is full 5. _____ love for her country and people. She likes all beautiful things and has her own 6. _____.

Bing Xin's 7. _____ derived from Tang Dynasty Wang Changling's poem "If some of my friends and relatives ask questions caring for me, please tell them that my heart is still as pure as the ice(Bing Xin) in the jade pot". Later Bing Xin gave her own explanation. First of all, Bing Xin, two words and her name's ying



have correspondence, and it is easy to remember.


8. _____ she said that she was timid. At the beginning, she was
9. _____ of being criticized and laughed at by people 10. _____ her real
name. So she adopted the pen name Bing Xin, which no one knew.

- () 1. A. knew B. known C. know D. knows
- () 2. A. is B. am C. were D. are
- () 3. A. but B. with C. or D. and
- () 4. A. meaningful B. mean C. meaning D. meaningfully
- () 5. A. off B. of C. with D. for
- () 6. A. characters B. characteristic C. characteristics D. character
- () 7. A. pen name B. time C. family name D. given name
- () 8. A. Secondly B. Second C. First D. Third
- () 9. A. scare B. happy C. afraid D. tired
- () 10. A. using B. used C. knowing D. use

III. 阅读理解

阅读文章,选择正确答案。

A

	<p>I'm Li Xin. I'm from Beijing, China. I'm fifteen years old. I'm in Class 4 Grade 8. Our school is beautiful. But there are only 10 Chinese students here. I have many friends and classmates. I like all the students and teachers in our school.</p>
---	--



- C. three students from different countries
- D. three students

B

(2021 广东) Galileo Galilei was born in 1564. He was born in the town of Pisa, in what is now Italy. When he was 20 years old, he was studying in Pisa. Galileo was bored with school. The only subject he really liked was math. Because he was doing well in math, the court mathematician(数学家) offered to teach him privately. He said Galileo could become an excellent mathematician. However, Galileo's father wanted him to be a doctor.

Because he needed to earn money after leaving school, Galileo began experimenting with different things. He tried to come up with an invention he could sell for money. He had some success with one invention. It was a device that could be used to measure land.

He learned that a Dutch inventor had invented something called spyglass(小望远镜). Galileo decided to work out one of his own. Within 24 hours, he invented a telescope(望远镜). It could make things appear ten times larger. One night, he pointed his telescope toward the sky. He made his first of many space observations. Everyone thought the moon was smooth. Galileo saw that it wasn't. The moon was covered with hills and large holes.

As technology improved, Galileo and many others made improvements on the telescope. Today, the telescope is a wonderful device that lets us see objects far, far away.

- () 6. According to Paragraph 1, Galileo was _____.
- A. interested in math
 - B. interested in medicine
 - C. born in an inventor's family
 - D. born in a mathematician's family
- () 7. What did the father expect Galileo to be?
- A. A doctor.
 - B. A teacher.
 - C. An inventor.
 - D. A mathematician.



- () 8. Galileo invented a device to _____.
- A. test others' inventions B. make his father happy
C. do experiments D. measure land
- () 9. What made Galileo want to invent his own telescope?
- A. His father's expectation.
B. His desire to be famous.
C. The invention of spyglass.
D. The encouragement from his teacher.
- () 10. What can we learn about Galileo's telescope according to the passage?
- A. It helped people to work out many other devices.
B. It changed Galileo's understanding of the moon.
C. It was invented with the help of others.
D. It was improved by his math teacher.

☞ Language Practice ☞

I. 从 A、B、C、D 中选出句中画线的单词的意义

- () 1. My mother is a vocational lawyer.
- A. 好的 B. 职业的
C. 礼貌的 D. 特别的
- () 2. My mother likes cooking very much and I can eat delicious food every day.
- A. 食物 B. 吃
C. 打扫 D. 烹饪
- () 3. The meeting will be held in the community centre.
- A. 建筑 B. 公寓
C. 城市 D. 社区
- () 4. Keeping a proper balance between study and rest keeps us energetic.



- A. Tom's and Jerry's B. Tom's and Jerry
C. Tom and Jerry D. Tom and Jerry's
- () 9. —What a big _____!
—Yeah! It's great to watch plays(戏剧) in it.
A. shop B. theater
C. hospital D. farm
- () 10. —Is she your _____, Diana?
—Yes, she is my father's sister.
A. friend B. daughter
C. cousin D. aunt

Writing

I. 将下列句子译成英文或中文

1. 我的社区里有很多小狗。(community, puppy)

2. 我最喜欢上的课是烹饪课。(cook)

3. He is the most energetic person in our class.

4. As soon as I entered the classroom, I noticed the teacher standing on the stage.

5. I gave her a watch as a birthday gift.

II. 根据所给信息完成短文写作

假如你是李明,你用英文给你的网友 Lucy 写了一封信,上面附带了一张



英语导学与同步训练 1

你的全家福,你在信中向她介绍了你的家人。40 词左右(信的开头和结尾已经给出,不计入总词数)。

Dear Lucy,

Your friend,

Li Ming



单元测试

I. 补全对话

阅读下列简短对话;从 A、B、C、D 中选出最佳答案,将对话补全。

- () 1. —I'm sorry I can't give you any help, though I'd like to.
—That's OK. _____.
- A. Thank you very much B. It doesn't matter
C. I don't care D. Thank you all the same
- () 2. —Does Jack have a tennis racket?
—_____.
- A. Yes, he is B. Yes, he does
C. No, he don't D. Yes, he do
- () 3. —Would you help us make a plan to explore Xizang?
—_____.
- A. No, thanks B. Yes, of course
C. It's very kind of you D. You are welcome
- () 4. —Hello, may I speak to Bob?
—_____.
- A. Yes, you are right B. Yes, Bob speaking
C. Yes, I'm fine D. Yes, he is Bob
- () 5. —You have a beautiful voice. I love your songs.
—_____.
- A. Thank you C. It's OK
B. No, I'm not D. That's all right



II. 词汇与语法

(A) 从 A、B、C、D 中选出句中画线的单词或词组的意义。

- () 1. The idea sounds quite all right.
A. 声音 B. 听起来 C. 发出声 D. 回响
- () 2. The employees in this factory are lowly paid.
A. 老板 B. 技术员 C. 工人 D. 设计师
- () 3. The Great Wall of China is one of the great wonders in the world.
A. 迷宫 B. 奇迹 C. 成果 D. 风景
- () 4. She always got top scores at school, so her parents were proud of her.
A. 奖励 B. 表扬 C. 以……为豪 D. 炫耀
- () 5. Experience is their preparation for giving advice.
A. 优点 B. 准备 C. 弱点 D. 承诺

(B) 从 A、B、C、D 中选出可以填入空白处的最佳答案。

- () 1. He said that light _____ much faster than sound.
A. has traveled B. travel C. travels D. traveled
- () 2. My father is very strict _____ me, and he is also strict _____ his work.
A. with; in B. with; with C. in; with D. in; in
- () 3. It always _____ a long time to get there by sea.
A. take B. takes C. is taking D. took
- () 4. Li Hua has all kinds of different ideas. He is _____ to be a writer.
A. enough creative B. creative enough
C. energetic enough D. enough energetic
- () 5. Some parents don't understand their _____, and many of them even argue with each other in family.
A. classmates B. kids C. friends D. workmates
- () 6. That is a good way to help him _____ English.
A. with B. for C. at D. of
- () 7. Helen is the youngest person in her _____. Her two elder sisters are



both married.

A. class B. group C. team D. family

()8. I have _____ brother. His name is Li Ming.

A. a B. an C. the D. /

()9. His mother _____ a housewife.

A. am B. is C. are D. be

()10. My family _____ big. Now all my family _____ at home.

A. is; is B. are; are C. is; are D. are; is

III. 完形填空

阅读下面的短文,并掌握其大意。然后从各题所给的四个选项中,选出一个最佳答案。

“I’m going shopping in the village,” George’s mother said to George on Saturday morning. “So be a good boy and don’t get into trouble. And don’t forget 1. _____ good care of grandma.” Then she went out.

Grandma 2. _____ in the chair by the window when she opened one little eye and said, “Now you heard 3. _____ your mother said, George.” “Yes, Grandma,” George said.

George was bored to tears. He didn’t have a brother or a sister. His father was a farmer, and 4. _____ farm they lived on was miles away from anywhere, 5. _____ there were never any children to play with. He was tired of staring at 6. _____ pigs, hens, cows and sheep. He was especially tired of having to live in the house with his grandma. Looking after her all by himself was hardly 7. _____ way to spend a Saturday morning.

“Go and make me a cup of tea for a start, 8. _____ sugar and milk.” Grandma said.

Most grandmothers are lovely, kind, helpful old ladies, but not this one. George’s grandma was a woman 9. _____ was always complaining about



something or other. She spent all day 10. _____ on her chair by the window. George 11. _____ that grandma used to be a gentle lady, but as she grew older, she was not able to look after herself and even worse, she was easy to get angry.

“We 12. _____ be nice to the old, George.” His mother always told him.

Thinking of this, George 13. _____ into the kitchen and made grandma a cup of tea with a teabag. He put one spoon of sugar and 14. _____ milk in it. He stirred the tea well and carried it into the living room 15. _____.

- () 1. A. take B. taking C. to take D. takes
- () 2. A. sleep B. sleeps
 C. is sleeping D. was sleeping
- () 3. A. that B. what C. where D. which
- () 4. A. a B. an C. the D. /
- () 5. A. but B. if C. or D. so
- () 6. A. hundred B. hundreds
 C. hundredth D. hundreds of
- () 7. A. exciting B. the most exciting
 C. more exciting D. much more exciting
- () 8. A. in B. with C. of D. for
- () 9. A. who B. which C. where D. when
- () 10. A. sitting B. sits C. sit D. sat
- () 11. A. tell B. told C. was told D. has told
- () 12. A. should B. would C. might D. can
- () 13. A. goes B. went C. will go D. has gone
- () 14. A. many B. any C. few D. some
- () 15. A. care B. careful C. carefully D. careless

IV. 阅读理解

阅读下面的短文, 并做短文后的题目。从四个选项中, 选出能回答所提问



题或完成所给句子的最佳答案。

I was only nine years old, a third-grade student from the city of Shenyang, China, when I knew my life was going to change. I held my mother's hand, waiting at the railway station for the train to take us to Beijing, my new home. My father would be waiting for me.

I had never been to Beijing, but I knew my life would soon be very different, harder, more challenging. I was already a gifted young pianist, but my father insisted I move to Beijing to improve my piano skills.

Part of me would like to go; another part of was very sad. I would miss my friends, grandparents and teachers in Shenyang. Most of all, I would miss my mother. Still holding my hand, my mother looked down at me with her big brown eyes and a beautiful smile. I was trying to appear brave, but she had always been able to read my mind. "Do not feel lonely or afraid," she told me. "You are a very special boy. Your music will always be with you."

In Shenyang, I had been playing the piano since I was two, and many people in my city considered me a prodigy. I had entered my first piano competition at age five. Newspapers had written stories about me and published my photos. My father had long believed I would be great. Could I really succeed in Beijing? What if I disappointed my father? My mother helped to wipe away my tears. "Your father will meet us at the station. I don't want to be separated from you, either. But I need to stay at my job in Shenyang. I am our family's only breadwinner for now. Your father is trying his best to get you into the Central Conservatory of Music. He must find you a new teacher in Beijing. There is much work to be done before the entrance exam."

() 1. Where would the writer begin his new life?

- A. In Shenyang.
- B. In Beijing.
- C. In his hometown.



I gave him the money, I 7. _____ (feel) pretty good for my honesty. The next day my mom told me to babysit my little brother. 8. _____ I did. She came back and said “Thank you”, and she gave me some money as a reward. My mom always 9. _____ (tell) me if you do the right thing you’ll always get something in return and I totally believe 10. _____ (she).

1. _____ 2. _____ 3. _____ 4. _____ 5. _____
6. _____ 7. _____ 8. _____ 9. _____ 10. _____

VI. 完成句子

根据所给汉语提示,完成英语句子。

1. _____ (如果他答应帮助我) tomorrow, I will be very thankful.
2. When our parents are old, _____ (轮到他们) to take care of them.
3. Working hard will lead to success while _____ (懒惰导致失败).
4. Despite his old age, my grandpa _____ (总是充满活力).
5. I will never believe in him _____ (假如他再说谎).

VII. 应用写作

【写作内容】请用英语介绍自己及家人一天的生活。

【写作要求】正文约 40 个英文单词,文中不可出现你自己的真实姓名、学校等信息。

【评分标准】信息完整,语言规范,语篇连贯。