

中等职业学校公共基础课程配套教学用书



# 英语 练习册1

## 基础模块

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# 前 言

为了帮助中职学校的学生进行有效学习，我们组织了一批业务能力强、教学经验丰富的中职一线骨干教师，编写了本练习册。

本练习册的编写有以下几个特点：

1. 依据教育部最新发布的《中等职业学校英语课程标准（2020年版）》，紧扣教材，内容全面，突出基础知识的复习与巩固。

2. 本练习册设计 **Listening and Speaking**（包含听力音频及听力原文）、**Reading**（包含短文排序、完形填空、阅读理解）、**Language Practice**（包含单词、短语、句子）、**Writing**（包含单元句型、写作）四个模块，全部从基础知识入手，由浅入深，切合学生实际，能有效激发学生的学习兴趣，旨在全面培养学生听、说、读、写的能力，促进学生学科核心素养的发展。同时，在练习中同步融入思政元素，可提升学生的文化意识。

本练习册在编写过程中，得到了相关教学研究专家的悉心指导和大力支持，在此一并感谢！

由于水平有限，书中难免存在不足之处，恳请大家批评指正！

编 者



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# Unit 1

## Personal and Family Life

### ☞ Listening and speaking ☞

I. 你将听到五个句子,请根据句子内容,选择恰当的答语。每个句子读两遍。

- ( ) 1. A. Yes, I am.  
B. Yes, she is.  
C. No, he isn't.
- ( ) 2. A. Linda.  
B. Mike.  
C. Jim.
- ( ) 3. A. Yes, they are.  
B. Yes, it is.  
C. No, it isn't.
- ( ) 4. A. She's my mother.  
B. He's a doctor.  
C. She's a hotel manager.
- ( ) 5. A. They're policemen.  
B. He's my uncle.  
C. She's my teacher.





II. 听对话, 选择最佳答案。

你将听到两段对话, 请根据对话内容, 选出每个问题的最佳答案。每段对话读两遍。请听第一段对话, 回答第 6—7 小题。

- ( ) 6. Who is Sam?  
A. He is Amy's brother.  
B. He is Steven's brother.  
C. He is Steven's friend.
- ( ) 7. Who is that in the photo?  
A. She is Amy's mother.  
B. She is Amy's sister.  
C. She is Amy's grandma.



请听第二段对话, 回答第 8—10 小题。

- ( ) 8. Who's Linda?  
A. Paul's sister.  
B. Gina's sister.  
C. Paul's cousin.
- ( ) 9. Who's Dale's father?  
A. Frank.  
B. Paul.  
C. Eric.
- ( ) 10. Who are Gina's parents?  
A. Paul and Linda.  
B. Eric and Mary.  
C. Jenny and Jim.





III. 将 A 栏信息与 B 栏相匹配。

A	B
1. What's your family name?	A: Yes, I go jogging every morning.
2. Who do you live with?	B: My given name Ming means brightness.
3. What does your given name mean?	C: My family name is Wang.
4. Do you often go jogging?	D: My parents are strict with me.
5. How about your parents treating you?	E: I live with my grandmother.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

IV. 选择合适的句子, 补全对话。

A: Xue is my given name which means winter.

B: They are strict with me.

C: I live alone in my house.

D: My mom likes reading books.

E: My name is He Xiaoxiao.

Dialogue:

Lin Xue: Could you please introduce yourself?

He Xiaoxiao: Sure. 1. \_\_\_\_\_ He is my family name.

Lin Xue: Nice to meet you. I'm Lin Xue. 2. \_\_\_\_\_

He Xiaoxiao: I live with my grandparents, and they can go jogging every morning.

Lin Xue: I like go jogging, too. I live with my parents. 3. \_\_\_\_\_

He Xiaoxiao: My dad is a doctor and my mom is a teacher. What are your parents' jobs?

Lin Xue: My parents are both lawyers. My dad likes playing basketball.

4. \_\_\_\_\_



☞ Reading ☞

I. 将下列句子重新排序,组成一段对话。

- A. Wow! Your job is so nice! I work as a doctor in the hospital.  
B. Hi! My name is Chen Lily. My family name is Chen.  
C. Oh, I see. I live with my dog, and it's very energetic everyday!  
D. A doctor? That's so cool! Who do you live with?  
E. Hello, Lily. I'm Tom. I'm a teacher in a middle school.  
F. I live with my parents and my brother.  
B→1. ( )→2. ( )→3. ( )→4. ( )→5. ( )

II. 完形填空。

阅读文章,选择正确答案。

Bing Xin, also 1. \_\_\_\_\_ as Xie Wanying, was born in Changle, Fujian Province. She 2. \_\_\_\_\_ a famous modern poet 3. \_\_\_\_\_ writer in China. Bing Xin's novel is fresh and 4. \_\_\_\_\_, with far-reaching implications. Bing Xin loves life and is full 5. \_\_\_\_\_ love for her country and people. She likes all beautiful things and has her own 6. \_\_\_\_\_.

Bing Xin's 7. \_\_\_\_\_ derived from Tang Dynasty Wang Changling's poem "If some of my friends and relatives ask questions caring for me, please tell them that my heart is still as pure as the ice(Bing Xin) in the jade pot". Later Bing Xin gave her own explanation. First of all, Bing Xin, two words and her name's ying have correspondence, and it is easy to remember.

8. \_\_\_\_\_ she said that she was timid. At the beginning, she was 9. \_\_\_\_\_ of being criticized and laughed at by people 10. \_\_\_\_\_ her real name. So she adopted the pen name Bing Xin, which no one knew.





- ( ) 1. A. knew            B. known            C. know            D. knows
- ( ) 2. A. is            B. am            C. were            D. are
- ( ) 3. A. but            B. with            C. or            D. and
- ( ) 4. A. meaningful    B. mean            C. meaning        D. meaningfully
- ( ) 5. A. off            B. of            C. with            D. for
- ( ) 6. A. characters    B. characteristic    C. characteristics    D. character
- ( ) 7. A. Pen name    B. time            C. family name    D. given name
- ( ) 8. A. Secondly    B. Second            C. First            D. Third
- ( ) 9. A. scare            B. happy            C. afraid            D. tired
- ( ) 10. A. using            B. used            C. knowing        D. use


III. 阅读理解。

阅读文章,选择正确答案。

A

	<p>I'm Li Xin. I'm from Beijing, China. I'm fifteen years old. I'm in Class 4 Grade 8. Our school is beautiful. But there are only 10 Chinese students here. I have many friends and classmates. I like all the students and teachers in our school.</p>
	<p>Hi! I'm Gabby. I'm from America. I'm fourteen years old. I live with my parents in a small village. I like playing guitar, basketball and football. I feel so energetic everyday.</p>



	<p>I'm Jacky Wang. I'm from England. I'm sixteen years old. I love my grandparents so much. I have many pictures about them. And I have one dog living with us. The dog is my family member too. Who do you live with?</p>
---	--

- ( ) 1. There are \_\_\_\_\_ Chinese students in Li Xin's school.  
A. 10  
B. 11  
C. 9  
D. 12
- ( ) 2. How old is Gabby?  
A. 13 years old.  
B. 14 years old.  
C. 15 years old.  
D. 16 years old.
- ( ) 3. Who does Gabby live with?  
A. Her sister.  
B. Her mother.  
C. Her father.  
D. Her parents.
- ( ) 4. Which of the following is TRUE according to the passage?  
A. Li Xin is 15 years old and she is in Class 4 Grade 8.  
B. Jacky Wang loves his parents very much.  
C. Gabby lives with her parents in a big city.  
D. Jacky Wang has a cat living with him.
- ( ) 5. This passage is talking about \_\_\_\_\_.  
A. three American students  
B. students who love their parents  
C. three students from different countries  
D. three students



B

My name is Zhang Yang. Zhang is my family name and Yang is my given name. I live with my parents and my little sister. My father is a lawyer, and he works very hard. My mother is a nurse in the hospital. She always helps me with my homework and often my parents are strict with my study. My little sister called Xiao mei and she is only three years old. Her birthday is coming. Can you help me choose a gift for her?

—Zhang Yang

On my sister's birthday, I sent her a teddy bear. I think it's nice. Do you like it?

—Tom

I'm a girl. If you send me a birthday cake and some candies, I will be so happy. So I think you can send her these gifts.

—Gloria

- ( ) 6. Who does Zhang Yang live with?  
A. His mom. B. His dad.  
C. His little sister. D. His parents and little sister.
- ( ) 7. What does Zhang Yang want?  
A. A gift for himself. B. A gift for his little sister.  
C. A gift for his parents. D. His homework.
- ( ) 8. What did Tom's sister receive(收到) on her birthday?  
A. A cake. B. Some candies.  
C. A toy bear. D. A toy car.
- ( ) 9. Which of the following is TRUE according to the passage?  
A. Gloria wants a cake and some candies when her birthday comes.  
B. Tom has a little brother and he sent a teddy bear for him.



- C. Zhang Yang's mom is a lawyer.  
D. Zhang Yang's little sister will be 5 years old.
- ( ) 10. This passage is talking about \_\_\_\_\_.
- A. Tom's toy bear  
B. Zhang Yang's parents' job  
C. Zhang Yang's little sister's birthday gift  
D. Zhang Yang's family

 Language Practice 

I. 选择合适的答案替换句中的画线部分。

- ( ) 1. My mother is a professional lawyer.
- A. good  
B. vocational  
C. polite  
D. special
- ( ) 2. My mother likes cuisine very much and I can eat delicious food every day.
- A. food  
B. eating  
C. cleaning  
D. cooking
- ( ) 3. The meeting will be held in the community centre.
- A. building  
B. apartment  
C. city  
D. neighborhood
- ( ) 4. Keeping a proper balance between study and rest keeps us energetic.
- A. full of passion  
B. full of talent  
C. full of energy  
D. full of wisdom
- ( ) 5. Jack's teacher is serious with all his classmates.
- A. strict  
B. patient  
C. difficult  
D. nice



II. 选择合适的单词补全句子。

energetic	photo	handmade
community	introduce	visit

1. Our \_\_\_\_\_ is the cleanest and sweetest in the whole city.
2. My pet puppy is \_\_\_\_\_ every day.
3. Last summer vacation my parents took me to Beijing to \_\_\_\_\_ the Forbidden City and Tian'anmen Square.
4. My brother gave me a \_\_\_\_\_ car for my birthday.
5. I need to \_\_\_\_\_ my friend Amy to my grandparents.
6. There is a \_\_\_\_\_ on my desk. It is me, my father, my mother and my brother.

III. 选择合适的短语补全短文。

are strict with	Chongyang Festival	younger sister	high school	handmade gift
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On the 1. \_\_\_\_\_, my family is going to visit my grandparents in our hometown. I just start 2. \_\_\_\_\_ this year. My study pressure is very high, but I am very happy. Because I can make many good friends. My 3. \_\_\_\_\_ is 3 years old. She is very lovely. She prepared a 4. \_\_\_\_\_ for her grandparents. My parents 5. \_\_\_\_\_ our education.

IV. 选择正确的答案补全句子。

从下列每小题所给的四个选项中,选出最佳选项。

- (      ) 1. My uncle is \_\_\_\_\_ actor and my aunt's \_\_\_\_\_ teacher.
- A. a; an    B. the; /  
C. an; a    D. / ; the



- ( )2. —\_\_\_\_\_?  
—He is a singer.  
A. What's his name                      B. How is Yang Kun  
C. What's Yang Kun's job                D. How old is Yang Kun
- ( )3. Is \_\_\_\_\_ your grandmother? What's \_\_\_\_\_ name?  
A. she; she                                 B. her; her  
C. she; her                                 D. her; she
- ( )4. \_\_\_\_\_ is my mother and \_\_\_\_\_ are my aunts.  
A. This; that                                B. This; those  
C. That; this                                D. These; those
- ( )5. Joe and his father are \_\_\_\_\_ company.  
A. in a same                                 B. in same  
C. on same                                 D. in the same
- ( )6. —\_\_\_\_\_?  
—He is from England.  
A. Where is the man from                B. How is the man  
C. What is the man                         D. How old is the man
- ( )7. —Is \_\_\_\_\_ a photo of your family?  
—No, \_\_\_\_\_.  
A. this; it isn't                              B. this; it is  
C. these; they aren't                       D. that; it is
- ( )8. —\_\_\_\_\_ mothers are nurses, right?  
—Yeah! You're right.  
A. Tom's and Jerry's                      B. Tom's and Jerry  
C. Tom and Jerry                            D. Tom and Jerry's
- ( )9. —What a big \_\_\_\_\_!  
—Yeah! It's great to watch plays(戏剧) in it.  
A. shop                                        B. theater  
C. hospital                                    D. farm





( ) 10. —Is she your \_\_\_\_\_, Diana?

—Yes, she is my father's sister.

A. friend

B. daughter

C. cousin

D. aunt

 Writing 

I. 将下列句子译成英文或中文。

1. 我的社区里有很多小狗。(community, puppy)

\_\_\_\_\_

2. 我最喜欢上的课是烹饪课。(cook)

\_\_\_\_\_

3. He is the most energetic person in our class.

\_\_\_\_\_

4. As soon as I entered the classroom, I noticed the teacher standing on the stage.

\_\_\_\_\_

5. I gave her a watch as a birthday gift.

\_\_\_\_\_

II. 根据所给信息完成短文写作。

假如你是李明,你用英文给你的网友 Lucy 写了一封信,上面附带了一张你的全家福,你在信中向她介绍了你的家人。80 词左右(信的开头和结尾已经给出,不计入总词数)。

Dear Lucy,

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



## 英语练习册 1 基础模块

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Your friend,  
Li Ming